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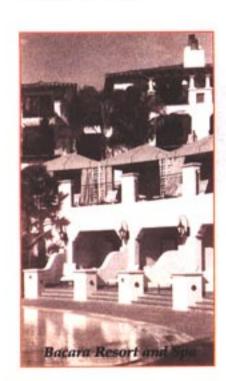
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Culinary Coup SEASIDE INDULGENCES IN SANTA BARBARA

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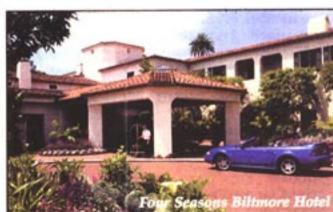
Bacara Resort & Spa is becoming the hide-a-way of choice for LA's rich and famous seeking a private place to relax amidst the scenic beauty of Santa Barbara's coastline. Considered one of the ten best resorts in the world, Bacara offers guests the ultimate in spa pampering and exquisite cuisine, spotlighting the culinary talents of French born Remi Lauvand, executive chef of their signature restaurant Miro, David Reardon, the resort executive chef, and Bistro chef de cuisine David Garwacki, who all provide menus ranging from traditional French to gourmet spa food, using only the freshest fruits, vegetables and herbs, grown on the resorts 1,000 acre ranch. The luxurious spa offers delightful treatments and classes to enhance the resorts ambiance of health and relaxation. For reservations call 805-968-0100.

The Four Seasons Biltmore Hotel is renowned for their Sunday Brunch, and the hotel has provided a homeaway-from-home for vacationing LA families since the 1920's. London born Executive Chef Martin Frost offers a menu filled with delightful fresh American style entrees, paired with selections from a very inviting wine list at La Marina Restaurant, where diners enjoy a panoramic view of the

ocean. The hotel's new spa facility is beautifully appointed and offers a bevy of body treatments. Guests are also welcome to enjoy lap swimming or sun bathing across the street at the historic Santa Barbara Swim Club. For reservations call 805-969-2261.

Rodney's Restaurant in the Fess Parker Double Tree Resort offers the best

steak in town, along with seafood options. Guests hand-pick their dinner from a selection of the finest beef or luscious lobster, which is then skillfully prepared by executive chef Peter Gennaro, and presented with unique signature side dishes and salads. Naturally, their wine list does include some fine wine from Parker's own winery. For reservations call 805-564-4333.



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